

Limitless – Optimizing Health in a Toxic World

Daniel Murphy, DC

Saturday

8:00am – 9:00am: America's Health (General Clinical)

Identifying the primary healthcare issues in America today

9:00am – 10:00am: Undoctored (General Clinical)

Discuss the Essential Eight factors/habits that improve health, reduce the risk of health problems that would otherwise require provider interventions

10:00am – 10:15am – Break

10:15am – 11:15am: Mechanical Integrity (General Clinical)

Discuss the importance of mechanical integrity with an emphasis on inflammation, fibrosis, and mechanical neurology

11:15am – 12:15pm: Blood Flow (General Clinical)

Discuss the importance of blood flow as the key component of human physiology, with an emphasis on mitochondrial ATP production

12:15pm – 1:15pm - Lunch

1:15pm – 2:15pm: Mitochondria (General Clinical)

Discuss the importance of the mitochondria in health and disease
Discuss the relationship between the mitochondria, free radicals and ATP

2:15pm – 3:15pm: Adenosine Triphosphate (ATP) (General Clinical)

Discuss the importance of ATP in human physiology
Learn key physiological functions of ATP

3:15pm – 3:30pm - Break

3:30pm – 4:30pm: Laser Photon Therapy (Other: Basic Science & Research)

Discuss the relationship between mitochondria, free radicals, ATP, cytochrome c oxidase enzyme, and laser photon therapy

4:30pm – 5:30pm: Laser Physiology (Other: Basic Science & Research)

Discuss the biphasic nature of laser photon therapy, wavelengths, amperage, penetration, secondary and primary physiological influences

Sunday

8:00am – 9:00am: Brain Protocol (Other: Basic Science & Research)

Protocol for brain function: trauma, degenerative, vascular

9:00am-10:00am: Low Back Pain Protocol (General Clinical)

Protocol for chronic low back pain

10:00am – 10:15am – Break

10:15am - 11:15am: Whiplash Protocol (General Clinical)

Protocol for acute whiplash

11:15am - 12:15pm: Fibrosis/Scar Protocol (General Clinical)

Protocol for scar tissue and the fibrosis of repair