

PUMPED ~ Enhance Your Structural & Functional Examination Skills

This seminar is for clinician who wants to continue to be the structural and neurological correction expert. Take your current skills as a clinician and become a PerformancePractor™. Laser Integrated Therapy (L.I.T.) will teach each clinician and/or performance specialist the importance to excel in “active” examination procedures to enhance the typical table examination and treatment methods used by all clinicians. Dr. Jerome will teach solutions to correct and optimize beyond the concept of ideal neutral posture and to graduate to optimum movement, function (flexibility, strength, balance and agility), and performance patterns and maximize the adjustment, laser therapy, percussion and soft tissue correction more than ever before.

Saturday Session 1

8:00 - 9:00am Intro: Laser Integrated Therapy System and chiropractic - Ideal Neutral Posture vs. Functional Evaluation **(General Clinical)**

Common injury and disease related to structural abnormality

- PubMed study's relating posture to prevalence of disease, decrease quality of life and death.
- Attendees get to perform their current method of evaluation and place the results on the Body Map evaluation form.
 - o They can bring their own x-rays
 - o anything goes (palpation, leg checks, muscle testing etc. etc.) in a 30 minute period.
- What they currently do and know will be compared to the Body Map of the same individual of what they will learn by the end of the seminar.

Typical Table Exam Indicators by all clinicians

- exams done face up, face down, seated
- palpation
- leg checks
- muscle testing
- x-ray
- A valuable evaluation with much of the methods unique to a single profession or technique within a profession (and largely misunderstood by the consumer and other healthcare professionals)

9:00 - 10:00am Anterior Head Carry Epidemic and Hyperlordotic Posture **(General Clinical)**

Aka Upper Cross / Lower Cross and related injury and disease

- Upper Body - long (weak) and short muscles
- Lower Body - long (weak) and short muscles

10:00 - 10:15am Break

10:15 - 11:15am Identifying Keystones (breakdown and correction) **(General Clinical)**

The most common health concerns in the world today, as it relates to PubMed, CDC statistics and neutral, movement, function structure and mechanobiology. A progressive and dynamic method of scoring and identifying the patients capabilities at

- o Brain
- o Neck & Shoulder
- o Midsection/Torso
- o Low back
- o Pelvis
- o Feet

11:15 - 12:15pm Examine the toes to the nose **(General Clinical)**

Brain - perform active exam

- Hands-on Testing
- Normal vs Abnormal
- Symmetry vs Asymmetry
- o Right Cortex
- o Left Cortex
- o Cerebellum
- o Record information on Body Map
- o Treatment options and protocols

Feet - perform active exam

- Hands-on Testing
- Normal vs Abnormal
- Symmetry vs Asymmetry
- Strength and balance
- Range of motion
- o Record information on Body Map
- o Treatment options and protocols

12:15 - 1:15pm Lunch Break

1:15 - 2:45pm Examine the Pelvis - neutral, movement, function **(General Clinical)**

- Hands-on Testing
- Normal vs Abnormal

- Symmetry vs Asymmetry
- Sagittal Plane
- Frontal Plane
- Transverse Plane
 - o Record information on Body Map
 - o Treatment options and protocols

2:45 - 3:15pm Compare initial Body Map to the Active Examination 3D Body Map (**General Clinical**)

- Questions

3:15 - 3:30pm Break

3:30 - 5:30pm Create Stations and Provide Correction of Findings (**General Clinical**)

- Erchonia Laser
 - o Attended
 - o Unattended
- Percussion
 - o Fascial Roller
 - o Spinal Roller
 - o Trigger Points
- Adjustments
 - o Spinal
 - o Extremity

Sunday Session 2

8:00 - 9:00am Review what the “Normal” Body Map is and how chiropractic detail and obvious (**General Clinical**) functional symmetry and asymmetry amplify identifying what needs correcting. The more obvious functional exam indicators also improve patient communication and provide understanding of treatment to the Keystone imbalances.

- Review exams and case study of attendees.

9:00 - 10:00am Cervical Myotomes C5 - T1- LLLT Attended and Unattended treatment (**General Clinical**)

- o Posture Pump
- o Head weighting for cervical curve
- o Grip research and training for neural drive enhancement and brain

10:00 - 10:15am Break

10:15 - 11:15am Erchonia research and PubMed research validating cellular changes. (**Other: Basic Sciences and Research**)

- o FDA Cleared LLLT

- o PubMed research

11:15 - 12:15pm Clinical Exercise Rx to provide with Unattended LLLT to provide structure and neurological correction. (**General Clinical**)

- o Brain
- o Neck & Shoulder
- o Midsection/Torso
- o Low back
- o Pelvis
- o Feet