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Presented by: Jerome Rerucha, DC, BS, CSCS, CHPS

TAKE AIM AT CHRONIC PAIN

Conquering America's Health Epidemics



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Registration at 7:30am
Sat 8:00am - 5:30pm
Sun 8:00 am - 12:15pm



States applied for:
CA, AZ, NV, OR, HI
~Seminar includes 12 CEs
applied~

FREE*
Seminar

*Does not include cost of CEs

About Jerome Rerucha DC, BS, CSCS, CHPS

Jerome Rerucha D.C., B.S., C.S.C.S., C.H.P.S. is a practicing clinician and international speaker teaching integration of advanced clinical treatment applications and competitive strength and conditioning principles. Prior to clinical practice he was a full-time strength coach, competed in powerlifting for 14 years and won a Lifetime Drug Free World Title and Best Lifter Award in 1999. Having the personal competitive lifting experience, coaching numerous types of athletes and elite strength athletes provides additional benefits when teaching his dynamic clinical applications.

Seminar Topics: Focus

• Intro to Low Back Pain

- o Review Proven, FDA Cleared Low Back Pain Laser Study
- o Back Pain – Anatomy of Specific Diagnosis
- o Soft Tissue/Structure/Neurology
- o Back Pain Treatment Laser Demonstration
- o Back Pain—a Crisis in America: Statistics and Data
- o Chiropractic Care –the Consumer Perspective

• Soft Tissue Work with Percussor & Adjustor – Structure Analysis & Correction

• Pain & Inflammation: The Secret Killer

• Neutral Posture Analysis / Movement Posture Analysis

- o Lower Cross / Upper Cross
- o Asymmetry / Symmetry
- o Identify Big Anatomical distortions to apply Laser, Percussor, Adjustor

• The Violet Laser – An Innovative Tool for Treatment Versatility

• Intro to Understanding Chronic Neck & Shoulder

• Pain & Laser Demonstration

- o Attended & Unattended Laser Applications
- o Myotome Review
- o Standard Ortho/Neuro Evaluation

• Discuss Treatment Programs to Schedule Patient



The Hands-on Protocol Workshops Will Cover the Examination and Treatment of:

- Neck & Shoulder
- Lumbar Spine
- Cervical Spine
- Extremities & Heel
- Low Back
- Peripheral Nerve Entrapments
- Soft Tissue Injuries
- Posture Analysis



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About the Seminar

Join laser expert Dr. Jerome Rerucha for a weekend complete with a plethora of knowledge not duplicated at other seminars. You will gain the experience you need to add laser therapy to your practice. If you already use laser, you will garner those extra skills only a doctor with nearly 20 years of hands-on laser experience in a full-time, referral-based clinic can provide. This class is for the practitioner who desires to maintain the traditional application of chiropractic and to enhance the benefits achieved by applying the newest and most researched technological advances in the healing arts. This seminar will focus on combating the pain crisis in America and the common conditions you see daily with Dr. Jerome's clinically tested proven methods, hands-on protocols and rehabilitation techniques. In addition, Dr. Rerucha will cover the opioid epidemic and the rising obesity epidemic in the U.S., its effect on our health and what can be done to warfare against it.

Seminar Cost: \$FREE*

*Credit card required to hold spot. If attendee no-shows for seminar, \$50.00 will be charged to the card on file.

*Northwestern Health Sciences University (NWHSU) applies for CE Hours to the chiropractic state licensing boards in states surrounding the seminar location. If you need hours for other states, please contact NWHSU before the seminar at 952-885-5446. Certain restrictions apply. *\$150 extra for CEs (if needed). Transcripts are sent out by email approximately 2 months after seminar completion. If you need a copy sooner, please contact NWHSU directly at (952) 885-5446.

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