

# MASTERY

An Integrative Approach to Functional Health



Presented by Robert Silverman, DC, DACBN, DCBCN, MS

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## Seminar Topics:



### Key clinical takeaways:

- Hands-on reproducible, implementable protocols for your practice success
- Apply neurodynamic tests and corrective laser protocols
- Assess and understand traumatic brain injuries (concussion, neurodegenerative diseases)
- Strategies to initiate the positive impact of gut health on the musculoskeletal system
- Review the pathogenesis of cumulative trauma disorders
- Learn the breakthrough technique for non-invasive fat reduction
- Building the Ultimate Back: from chronic back pain to high performance
- Clinical breakthroughs in the treatment of musculoskeletal injuries
- Flowchart explaining laser therapy and its application during the correlated stages of healing.
  - Acute, sub-acute, chronic, wellness and prevention phases with frequency and timing of applications
- Corrective exercise program
- Expertly assess intestinal and blood-brain dysfunctions
- Demonstrations of laser applications and case studies

### Learn science-based clinical protocols for the management of symptoms and conditions such as:

- Traumatic brain injuries/concussion
- Lumbar disc degeneration/sciatica
- Tennis/golfer's elbow
- Plantar fasciitis
- Ankle sprain
- Peripheral nerve entrapments
- Cell membrane health
- Leaky gut syndrome

### Attendees will receive:

- Clinical protocols and pearls based on case studies
- An up-to-date syllabus with graphics and take-home notes
- Information-packed days guaranteed to expand your clinical knowledge
- Doctor laser flowcharts and nutritional protocols

# Don't miss this exciting opportunity to take your practice to a whole new level!

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Presented by: Dr. Robert Silverman

## About the Seminar

Dr. Robert Silverman, the doctor's chiropractic doctor and laser therapy expert, leads you through an innovative demonstration showcasing the power of performance nutrition and conservative therapies on health and movement patterns. Utilizing interactive how-to's, he demonstrates an integrative approach to improved performance and recovery through an enhanced diet and accurate supplementation, laser therapy, functional movement assessment, corrective exercises and more.

To truly improve a patient's health and optimize active lifestyles, we need to understand how systems interact with one another. Dr. Silverman discusses the gut-to-brain axis, with special emphasis on understanding Alzheimer's and treating concussions for faster recovery. Dr. Silverman will also provide a 10-page, take-home algorithm explaining laser therapy and its application during the correlated stages of healing.

## About Robert Silverman DC, DACBN, DCBCN, MS

Dr. Robert G. Silverman is a chiropractic doctor, clinical nutritionist, and author of Inside-Out Health: A Revolutionary Approach to Your Body, an Amazon No. 1 bestseller in 2016. The ACA Sports Council named Dr. Silverman "Sports Chiropractor of the Year" in 2015. He maintains a busy private practice as founder of Westchester Integrative Health Center, located in White Plains, NY, which specializes in the treatment of joint pain using functional nutrition along with cutting-edge, science-based, nonsurgical approaches. For more information on Dr. Silverman, please visit [www.erschonia.com/seminars](http://www.erschonia.com/seminars).

## Seminar Cost: \$175\*

\*Northwestern Health Sciences University (NWHU) applies for CE Hours to the chiropractic state licensing boards in states surrounding the seminar location. If you need hours for other states, please contact NWHU before the seminar at 952-885-5446. Certain restrictions apply. \*\$75 extra for CEs (if needed). Transcripts are sent out by email approximately 2 months after seminar completion. If you need a copy sooner, please contact NWHU directly at (952) 885-5446. CE Credit applied for by: National University of Health Sciences Lincoln College of Postprofessional, Graduate and Continuing Education  
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(888) 242-0571 Toll Free or go online to  
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Registration at 7:30am  
Sat 8:00am - 5:30pm  
Sun 8:00 am - 12:15pm



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