

The Gut-Brain Axis in Health and Disease

Robert G. Silverman, DC, DACBN, DCBCN, MS, CCN, CNS, CSCS, CIISN, CKTP, CES, HKC, FAKTR



Presented by Robert Silverman, DC, DACBN, DCBCN, MS

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Key clinical takeaways:

- Hands-on reproducible, implementable protocols for your practice success
- Apply neurodynamic tests and corrective laser protocols
- Assess and understand traumatic brain injuries (concussion, neurodegenerative diseases)
- Strategies to initiate the positive impact of gut health on the musculoskeletal system
- Building the Ultimate Back: from chronic back pain to high performance
- Clinical breakthroughs in the treatment of musculoskeletal injuries
- New laser research and its clinical applicability
- Expertly assess intestinal and blood-brain dysfunctions
- Demonstrations of laser applications and case studies

Learn science-based clinical protocols for the management of symptoms & conditions such as:

- Traumatic brain injuries/concussion
- Lumbar disc degeneration/sciatica
- Tennis/golfer's elbow
- Plantar fasciitis
- Ankle sprain
- Peripheral nerve entrapments
- Cell membrane health
- Leaky gut/leaky brain
- Vagus nerve protocol and applicability

Attendees will receive:

- Clinical protocols and pearls based on case studies
- An up-to-date syllabus with graphics and take-home notes
- An information-packed day guaranteed to expand your clinical knowledge
- Doctor laser flowcharts and nutritional protocols

Dr. Silverman was the principle investigator on a Level 1 laser FDA study. His new book, *Superhighway to Health*, is expected to be published in February 2020.

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About the Seminar

Dr. Robert Silverman, the doctor's chiropractic doctor and laser therapy expert, leads you through an innovative demonstration showcasing the power of performance nutrition and conservative therapies on health and movement patterns. Utilizing interactive how-to's, he demonstrates an integrative approach to improved performance and recovery through an enhanced diet and accurate supplementation, laser therapy, functional movement assessment, corrective exercises and more. To truly improve a patient's health and optimize active lifestyles, we need to understand how systems interact with one another. Dr. Silverman discusses the gut-to-brain axis, with special emphasis on understanding Alzheimer's and treating concussion for faster recovery. Gut-brain axis is one of the most hotly debated topics in sports medicine today. Research surrounding these connections has experienced significant growth recently in the areas of incidence, assessment and recovery. However, the jury is still out as far as the most effective protocols go.

About Robert Silverman, DC, DACBN, DCBCN, MS

Dr. Robert G. Silverman is a chiropractic doctor, clinical nutritionist, and author of *Inside-Out Health: A Revolutionary Approach to Your Body*, an Amazon No. 1 best seller in 2016. The ACA Sports Council named Dr. Silverman "Sports Chiropractor of the Year" in 2015. He maintains a busy private practice as founder of Westchester Integrative Health Center, located in White Plains, NY, which specializes in the treatment of joint pain using functional nutrition along with cutting-edge, science-based, non-surgical approaches. For more information on Dr. Silverman, please visit www.Erchonia.com/Seminars.

Seminar Cost: £95



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online to www.erschonia.com/seminars.



Registration at 9:00am
Saturday 9:30-6:00pm



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CPD
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