

# Modern Practice: Expand Your Services Through P.I. and Integrative Care 2020

Jerome Rerucha, DC, BS, CSCS, CHPS and Scott Tauber, DC

## Saturday

**7:30 - 8:00 Registration**

**8:00 - 9:00 Personal Injury Basics: (General Clinical) – Scott Tauber**

- a) Introduction into how Personal Injury Patients are different
- b) Inherent risk and liability associated within Personal Injury
- c) Current Issues within the med-legal arena
- d) Automobile Insurance carrier scrutiny and issues
- e) Controllable and uncontrollable issues within Personal Injury cases

**9:00 – 10:00 Personal Injury Documentation (Documentation & Record Keeping) - Scott Tauber**

- a) Proper documentation of the Personal Injury history
- b) Proper documentation of the Personal Injury examination
- c) Importance of objective findings in the patient examination
- d) Sample Personal Injury algorithms
- e) Common mistakes made by the physician

**2 hours**

**10:00 – 10:15 - BREAK**

**10:15 – 11:15 Common Acute and Chronic Injuries Related To Personal Injury (General Clinical)- Jerome Rerucha**

- a. Back and Hip Pain
- b. Foot Injury (Plantar Fasciitis)
- c. Whiplash
- d. Chronic Neck and Shoulder Pain

**Neck, Shoulder, Whiplash**

- a. Anatomy

- b. Conditions related to the cervical and shoulder; Whiplash, Thoracic outlet syndrome, tendonitis, stingers, impingements, bursitis, impact injuries.
- c. Therapeutic Laser Application
- d. Hoppenfeld ortho / neuro exam = myotomes
- e. Percussor protocols for the shoulder = Static / Dynamic

11:15 – 12:15 Neck, Shoulder, Whiplash Work Shop **(General Clinical)- Jerome Rerucha**

- a. Laser application - attended / unattended
- b. Cervical sprain / strain
- c. C5 - T1 Shoulder
- d. Rotator Cuff Injuries

**12:15 – 1:15 LUNCH**

1:15 – 2:15 Intro to Low Back Pain **(General Clinical)- Jerome Rerucha**

- a. Back Pain in America: Statistics and Data
- b. Crisis of Back Pain
- c. Low Back Pain (Anatomy of Specific Diagnosis)
- d. Soft tissue
- e. Structure
- f. Neurology

Low Back Pain Treatment Laser Demonstration

- a. Unattended Laser Application
- b. Attended Laser Application
- c. Myotome review
- d. Standard ortho / neuro evaluation

2:15-2:45 Laser Work Shop **(Other)- Jerome Rerucha**

2:45 – 3:15 Percussion and Soft Tissue Correction **(General Clinical)- Jerome Rerucha**

- a. Structural Anatomy
- b. Soft Tissue Involvement
- c. Percussion - foam heads, fascial roller, trigger point series
- d. Therapeutic Laser Application

**3:15 – 3:30 – BREAK**

3:30-4:00 Percussion Work Shop **(General Clinical)- Jerome Rerucha**

- a. Percussor - soft tissue correction
- b. foam heads, trigger point series - shoulder, trapezius fibers / low back, psoas, glute fibers

4:00 – 5:00 Personal Injury Case Management **(Documentation & Record Keeping) – Scott Tauber**

- a) Overview of Personal Injury case management and responsibilities
- b) Specific case management in Personal Injury
- c) Rehabilitation as part of the case management
- d) Home and self- care as part of case management
- e) LLLT as part of case management
- f) Common mistakes made by the physician

5:00 – 5:30 – Percussion Work Shop **(General Clinical)- Jerome Rerucha**

Fascial roller - Iliotibial band, hamstrings  
Spinal Roller - the spine

## Sunday

7:30 - 8:00 Registration

8:00 – 8:30 Humanizing and Demonstrating Patient's Injuries : **(General Clinical) – Scott Tauber**

- a) Utilizing appropriate outcome assessments in Personal Injury
- b) Application of other Personal Injury specific interrogatories
- c) MRI, MRA, CT application in Personal Injury

8:30 – 9:00 Review Proven, FDA Cleared Plantar Fasciitis / Chronic Heel Pain Laser Study **(Other)- Jerome Rerucha**

Foot Pain (Anatomy of Specific Diagnosis)

- Soft tissue
  - Structure
  - Neurology
- Foot Pain Treatment Laser Demonstration
  - Unattended Laser Application
  - Attended Laser Application
    - Myotome review
    - Standard ortho / neuro evaluation

**9:00-10:00 Chronic Heel Pain Laser Workshop**

**(Other: Basic Science and Research)- Jerome**

**Rerucha**

- a. Laser application - attended / unattended foot and calf
- b. Percussor - trigger point series = foot. Fascial roller = calf sprain / strain

**10:00 – 10:15 – BREAK**

**10:15 - 12:15 Neutral Posture Analysis / Movement Posture Analysis**

**(General Clinical)- Jerome**

**Rerucha**

Identify the priority using a system approach

- Upregulation and creating laser programs of care
- BioTensegrity and Neuroplasticity
- Upper Cross / Lower Cross = A true whole body approach examination
- Asymmetry / Symmetry
- Identify big anatomical distortions to apply Laser, Percussor, (Adjustor)
- Stations to identify and correct distortions
- Clinical exercise to aid postural correction
- Laser, Percussor, Adjustor