

# Seminar

## Topics

### ~Pain~

#### Pathogenesis of Cumulative (Repetitive) Trauma Disorder.

- NMS (neuromusculoskeletal) detonation sequence
- Leading to musculoskeletal breakdown at an increasing rate

#### Clinical Breakthroughs in the Treatment of Musculoskeletal Injuries.

Anatomy biomechanics of the joint differential diagnosis. Review of causes of injury, ortho/neuro tests, injury treatments, protocols including laser, exercise, rehab, nutrition and taping. Patient case studies for each of the conditions will be reviewed.

#### Building the Ultimate Back: from Chronic Back Pain to High Performance.

#### Hands-On Algorithm Explaining Laser Therapy & Application During the Correlated Stages of Healing.

#### Vagus Nerve Stimulation

**Neurodynamic Tests** - Assessment of sensitivity of whole nervous system and practical breakdown of each nerve with protocols to turn the individual nerves and/or nervous system.

- Nerve-flossing exercises – demonstration of exercise that play an integral role in neurological recovery.

### ~Non-Invasive Fat Loss~

#### America's Obesity Epidemic

We will review the primary culprits.

#### Strategies to Improve Body Composition and Reduce Obesity.

### ~Nutrition~

**Dr. Rob's Gut Matrix** – The evolving field of gut health is one of the most exciting developments in Functional Nutrition. In this module, attendees will get a solid understanding of the gut microbiome and its importance.

#### The Human Microbiome – New Insights into How Our Microbial Community Affects Health and Disease.

- Nutritional strategies for blood-brain barrier integrity
- Gut reaction: restore digestive health through nutrition

#### Nutritional Protocols for Treating Concussion & Neurodegenerative Diseases

Join us:



The Westin Wilmington  
818 Shipyard Dr.  
Wilmington, DE 19801  
Phone: (302) 654-2900



Registration at 7:30am  
Sat 8:00am - 5:30pm  
Sun 8:00 am - 12:15pm



12 CE's are Applied  
See back for states

# Revolutionary Wellness

## An Integrated Approach to Health

Robert Silverman, DC, DACBN, DCBCN, MS is inviting you!



For seminar registration, call (888) 242-0571 Toll Free  
or go online to [www.erschonia.com/seminars](http://www.erschonia.com/seminars).

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# About Seminar

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Dr. Robert Silverman, the doctor's chiropractic doctor and laser therapy expert, leads you through an innovative two-day program showcasing the power of performance nutrition and conservative therapies on health and movement patterns. Utilizing interactive how-tos, he demonstrates an integrative approach to improved performance and recovery through an enhanced diet and accurate supplementation, laser therapy, functional movement assessment, a patented vagus nerve stimulation, and more!

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## Seminar Cost: \$175\*

\*Northwestern Health Sciences University (NWHHSU) applies for CE Hours to the chiropractic state licensing boards in states surrounding the seminar location. If you need hours for other states, please contact NWHHSU before the seminar at 952-885-5446. Certain restrictions apply. \*\$75 extra for CEs (if needed). Transcripts are sent out by email approximately 2 months after seminar completion. If you need a copy sooner, please contact NWHHSU directly at (952) 885-5446.



**Dr. Robert  
Silverman,**  
DC, DACBN, DCBCN, MS

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Dr. Robert G. Silverman is a chiropractic doctor, clinical nutritionist, and author of *Inside-Out Health: A Revolutionary Approach to Your Body*, an Amazon No. 1 bestseller in 2016 and new book titled "Superhighway to Health: 7 Steps to Optimizing the Gut-Brain Connection". The ACA Sports Council named Dr. Silverman "Sports Chiropractor of the Year" in 2015. He maintains a busy private practice as founder of Westchester Integrative Health Center, located in White Plains, NY, which specializes in the treatment of joint pain using functional nutrition along with cutting-edge, science-based, nonsurgical approaches. For more information on Dr. Silverman, please visit [www.Erchoniam.com/Seminars](http://www.Erchoniam.com/Seminars).

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## States Applied for CEs: DE, DC, NJ, NY, PA, WV, VA, NC, AZ

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