## Back in Balance – Dealing with America's Health Epidemics from a Neurological Point of View

## Trevor Berry, DC, DACNB 6 Hour Outline

Saturday 8:30-9:00am	Registration
9:00-10:30am	<ul> <li>Introduction to neurophysiology, neuronal pathophysiology and laser research on the CNS</li> <li>Neurofibrillary tangles, NMDA excitotoxicity and brain inflammation</li> <li>Basic Brain nutrition</li> <li>Introduction to laser physiology and applications for the CNS</li> </ul>
10:30-10:45am	Break
10:45-12:15pm	<ul> <li>Brain Gut Axis</li> <li>Tight Junction Barrier systems</li> <li>Autoimmunity and barrier systems</li> <li>Lab testing: Barrier systems, Food sensitivities, gut health</li> <li>Vagal stimulation</li> <li>Low level laser applications for the brain-gut axis</li> </ul>
12:15-12:45pm	Lunch
12:45-2:15pm	<ul> <li>Brain neurochemistry and conditions</li> <li>Depression and serotonin applications</li> <li>Parkinson's and dopamine applications</li> <li>Dementia and acetylcholine applications</li> <li>Laser applications for these and other neurological conditions</li> <li>BDNF and global brain health concepts</li> <li>Aesthetics and laser</li> </ul>
2:15-2:30pm	Break
2:30-4:00pm	Pathogens and CNS conditions  Laser applications for boosting immunity  Pain management  Review and closing statements