

# Seminar

## Topics

### Cellular Physiology

- Epigenetics
- Inflammation and its detrimental effects in the body
- Glycation and how it damages the body

### Metabolism

- Understanding Leptin and its role in physiology
- Mitochondria as the epicenter of aging and health
- Using laser to unblock stalled metabolic pathways

### Clinical Use of Lasers

- Hands-on training, first examination utilizing lasers for upregulation
- Differentiate between Class I, II, IIIA, IIIB and IV lasers
- Brain health, Sleep Hygiene, Importance of Exercise

### Case Studies, Nutrition, Detoxification

- Hands- on nerve root upregulations and protocols
- The Longevity Benefits of intermittent fasting and Paleo Nutrition
- Neuroprotective Supplements
- Detoxification via Sauna and the benefits of various types of sauna

### Examination



**This course includes a FREE 2-hour Laser Science Online Tutorial by Dr. Hieshetter.\*\* See back for details**



Join us:



Hyatt Regency O'Hare  
Chicago  
9300 W. Bryn Mawr Ave.  
Rosemont, IL 60018  
Phone: (847) 696-1234

Social Distancing in the Meeting Room  
\*Hotel subject to change due to Covid-19



Registration at 8:30am  
Sat 9:00-4:00pm

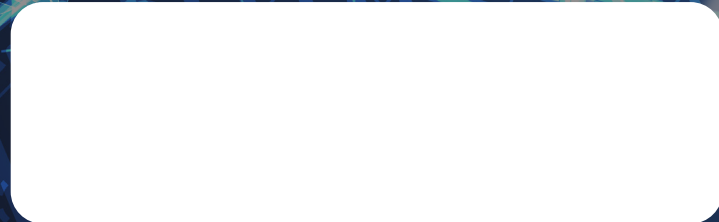


6 CE's are Applied  
See back for states

# Bio-Hack

## Longevity through Chiropractic, Lasers, Nutrition & Exercise

Kristin Hieshetter, DC inviting you!



For seminar registration, call (888) 242-0571 Toll Free  
or go online to [www.erschonia.com/seminars](http://www.erschonia.com/seminars).



# About Seminar

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The opportunity is here to become a leader in the healthcare industry during the wellness revolution! During this webinar, you will learn how to guide patients through activating their epigenetic potential & thereby changing their lives quickly and most often effortlessly. With the implementation of immediate action steps of chiropractic care, Erchonia lasers, neuro-protective nutrition, functional medicine, detoxification, and sleep hygiene, you will set your patients on their road to success.

Dr. Hieshetter will demonstrate through activation of the biochemical and metabolic shifts that protect the brain, we also protect the whole body. This eye-opening course is designed to give providers the clinical confidence to transform their practices.

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## Seminar Cost: \$64\*

\*Northwestern Health Sciences University (NWHHSU) applies for CE Hours to the chiropractic state licensing boards in states surrounding the seminar location. If you need hours for other states, please contact NWHHSU before the seminar at 952-885-5446. Certain restrictions apply. \*\$65 extra for CEs (if needed). Transcripts are sent out by email approximately 2 months after seminar completion. If you need a copy sooner, please contact NWHHSU directly at (952) 885-5446.

## \*\*Bio-Hack 2-Hour Laser Science Online Tutorial

Online Tutorial will be provided to the attendee before the seminar. To ensure this course provides attendees with ample benefit, it must be watched before the seminar. If CEs are needed, Erchonia will provide directions to access through ChiroCredit.



**Dr. Kristin  
Hieshetter,  
DC**

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Dr. Kristin Hieshetter is a healer, a chiropractor, a metabolic biochemist, and a low-level laser specialist. She graduated Magna Sum Laude from Central Michigan University, full academic scholarship, ran the medical microbiology labs and biotechnology labs for 2 years, was a Research Scholar in Mammalian Physiology. At Palmer College, she was a Vogt Leadership Scholar, received the Extern Recognition Award from Palmer College Clinics, was a teaching assistant in neuromusculoskeletal diagnosis, physical diagnosis, and radiology and graduated Summa Cum Laude from Palmer College and presented at Palmer College Homecoming. Her core expertise is in maximizing neurological function using chiropractic mediated facilitation, anti-inflammatory protocols, and Erchonia lasers. Dr. Kristin will continue her work in chiropractic, low level laser, functional medicine, and completing the books she is composing. She was awarded the Newberry Michigan Chamber of Commerce Employer of the Year Award in March 2019. Dr. Kristin served as UP Chiropractic Association President from 2015-2019. She is currently integral in setting up an Alzheimer's Study at Central Michigan University with Erchonia Lasers and Dr. Gary Dunbar, PhD, in the Behavioral Neuropsychology Department.

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## DC States Applied for: IL, WI, IA, MO, IN

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