Seminar Topics

~Pain~

Pathogenesis of Cumulative (Repetitive) Trauma Disorder.

- NMS (neuromusculoskeletal) detonation sequence
- Leading to musculoskeletal breakdown at an increasing rate

Clinical Breakthroughs in the Treatment of Musculoskeletal Injuries.

Anatomy biomechanics of the joint differential diagnosis. Review of causes of injury, ortho/neuro tests, injury treatments, protocols including laser, exercise, rehab, nutrition and taping. Case studies will be reviewed.

Building the Ultimate Back: from Chronic Back Pain to High Performance.

Hands-On Algorithm Explaining Laser Therapy & Application During the Correlated Stages of Healing.

Vagus Nerve Stimulation.

Neurodynamic Tests - Assessment of sensitivity of whole nervous system and practical breakdown of each nerve with protocols to turn the individual nerves and/or nervous system.

• Nerve-flossing exercises - demonstration of exercise that play an integral role in neurological recovery.

Laser Research and Its Clinical Applications

Hands-on and Laser Workshop

Optimal Health and Immunity



This course includes a FREE
2-hour **Laser Science**Online Tutorial by Dr. Silverman.**

See back for details

~Nutrition~

Dr. Rob's Gut Matrix – The evolving field of gut health is one of the most exciting developments in Functional Nutrition. Attendees will get a solid understanding of the gut microbiome and its importance.

The Human Microbiome - How Our Microbial Community Affects Health and Disease.

- · Nutritional strategies for blood-brain barrier integrity
- · Gut reaction: restore digestive health through nutrition

Nutritional Protocols for Treating Concussion & Neurodegenerative Diseases

The Science of Fasting/Types of Fasting



About Seminar

Dr. Robert Silverman, the doctor's chiropractic doctor and laser therapy expert leads you through an innovative demonstration showcasing the power of performance nutrition and conservative therapies on health and movement patterns. Utilizing interactive how-to's, he demonstrates a functional approach to improved performance and recovery through an enhanced diet and proper supplementation, laser therapy, functional movement assessment, corrective exercises, and more. In this informative seminar, Dr. Silverman will share insights into a comprehensive methodology that incorporates proven protocols into a clinically effective system—one you can apply to your practice immediately.

Seminar Cost: \$64*

*Northwestern Health Sciences University (NWHSU) applies for CE Hours to the chiropractic state licensing boards in states surrounding the seminar location. If you need hours for other states, please contact NWHSU before the seminar at 952-885-5446. Certain restrictions apply. *\$65 extra for CEs (if needed). Transcripts are sent out by email approximately 2 months after seminar completion. If you need a copy sooner, please contact NWHSU directly at (952) 885-5446.

Laser Science Online Tutorial**

**Revolutionary Wellness 2-Hour Laser Science Online Tutorial will be provided to the attendee before the seminar. To ensure this course provides attendees with ample benefit, it must be watched before the seminar. If CEs are needed, Erchonia will provide directions to access through ChiroCredit.



Dr. Robert G. Silverman is a chiropractic doctor, clinical nutritionist, and author of Inside-Out Health: A Revolutionary Approach to Your Body, an Amazon No. 1 bestseller in 2016 and new book titled "Superhighway to Health: 7 Steps to Optimizing the Gut-Brain Connection". The ACA Sports Council named Dr. Silverman "Sports Chiropractor of the Year" in 2015. He maintains a busy private practice as founder of Westchester Integrative Health Center, located in White Plains, NY, which specializes in the treatment of joint pain using functional nutrition along with cutting-edge, science-based, nonsurgical approaches. For more information on Dr. Silverman, please visit www.Erchonia.com/Seminars.

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