

# Topics Seminar



### Vagus Nerve:

- Basic anatomy and function of vagus nerve
- Vagus nerve's effects on reduction of inflammation and roles in communication

### Laser:

- How it works
- Long term effects
- Effects on pain relief
- Phrenic nerve – its effect on the diaphragm

**Neurodynamic Tests** - Assessment of sensitivity of whole nervous system and practical breakdown of each nerve with laser protocols to turn the individual nerve and/or nervous system.

### Nerve-Flossing Exercises

**Hands-On and Laser Workshop (Includes a 10-Page, Take-Home Algorithm)**  
Algorithms using laser therapy and its application during the correlated stages of healing.

### How to Incorporate Laser into your Practice Model

### Clinical Breakthroughs in the Treatment of Musculoskeletal Injuries

#### Dr. Rob's Gut Matrix

The evolving field of gut health is one of the most exciting developments in Functional Nutrition. In this presentation, attendees will get a solid understanding of the gut microbiome and its importance.

#### SIBO – Small Intestinal Bacteria Overgrowth & Lyme Disease

- Signs and symptoms
- Nutritional protocols for 3 Phases of Care for SIBO
- Dietary recommendations
- Factors & protocols

#### 4 Strategies to Improve Body Composition and Reduce Obesity

#### Nutritional Protocols for Alzheimer's/Neurodegenerative Disease

#### Traumatic Brain Injuries/Concussions/Brain Health

**25 Advanced Protocols to be Shared + MORE**

Join us:



Wentworth by the Sea,  
A Marriott Hotel & Spa  
588 Wentworth Rd  
New Castle, NH 03854

Social Distancing in the  
Meeting Room

\*Hotel subject to change due  
to Covid-19



Registration at 7:30am  
Sat 8am-5:30pm  
Sun 8am-12:15pm



12 CEs are Applied  
See back for states

- Advanced Seminar -

# Super Highway to Health!

Advanced Protocols for Clinical Success

Robert Silverman, DC, DACNB, DCBCN. MS is inviting you!



For seminar registration, call (888) 242-0571 Toll Free  
or go online to [www.erschonia.com/seminars](http://www.erschonia.com/seminars).



# About Seminar

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Dr. Robert Silverman, leads you through a demonstration showcasing 35 advanced clinical success protocols. He will show you how to maximize the efficacy of leading-edge laser therapy technology. He conveys to all experience levels how this hands-on approach leads to improved performance and recovery. This is also achieved following his enhanced and accurate supplementation protocols, treatment assessments, corrective exercises, and more.

To truly improve a patient's health and optimize active lifestyles, we need to understand how systems interact with one another. The gut-to-brain axis will be discussed, emphasizing understanding Alzheimer's and treating concussion for faster recovery. Dr. Silverman will also provide a 10-page, take-home algorithm explaining laser therapy and its application during the correlated healing stages.

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## Seminar Cost: \$FREE\*

\*Northwestern Health Sciences University (NWHUSU) applies for CE Hours to the chiropractic state licensing boards in states surrounding the seminar location. If you need hours for other states, please contact NWHUSU before the seminar at 952-885-5446. Certain restrictions apply. \*\$65 extra for CEs (if needed). Transcripts are sent out by email approximately 2 months after seminar completion. If you need a copy sooner, please contact NWHUSU directly at (952) 885-5446.



## Dr. Robert Silverman,

DC, DACBN, DCBCN, MS, CCN, CNS, CSCS,  
CIISN, CKTP, CES, HKC, FAKTR

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Dr. Robert G. Silverman is a chiropractic doctor, clinical nutritionist, and author of *Inside-Out Health: A Rev-olutionary Approach to Your Body*, an Amazon No. 1 bestseller in 2016 and new book titled "Super-highway to Health: 7 Steps to Optimizing the Gut-Brain Connection". The ACA Sports Council named Dr. Silverman "Sports Chiropractor of the Year" in 2015. He maintains a busy private practice as founder of Westchester Integrative Health Center, located in White Plains, NY, which specializes in the treatment of joint pain using functional nutrition along with cutting-edge, science-based, nonsurgical approaches. For more information on Dr. Silverman, please visit [www.Erchronia.com/Seminars](http://www.Erchronia.com/Seminars).

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## DC States Applied for: NH, VT, NY, CT, RI, MA, ME

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