

Performance Optimization

Improving Outcomes through Clinical Analysis

Jerome Rerucha, DC, BS, CSCS, CHPS

Join laser expert Dr. Jerome Rerucha to receive advanced treatment knowledge and detailed research trends for his NEW Course. Dr. Rerucha's passion for performance will teach each clinician and performance specialist the importance of excelling in "Active Examination™". These procedures enhance all clinicians' typical table examination and treatment methods that only a doctor with over 20 years of hands-on laser experience in a full-time, referral-based clinic can provide. You will gain the knowledge you need to add low-level laser therapy to your practice and optimize this proven technology with your current exam and techniques. Dr. Rerucha will detail enhanced examination concepts and treatment applications that can apply immediately to your existing clinic. This seminar will focus on overcoming the pain and opioid crisis and moving beyond symptom relief to measurements of being healthy and maximizing performance. The Performance Optimization seminar applies Dr. Jerome's clinically tested proven methods, hands-on protocols and rehabilitation techniques as applied to the general patient and how the system applies caring from start to finish & the making of world champions in multiple sports.

Come and see how this comprehensive and hands-on examination approach of therapy will produce superior clinical outcomes for your patients!

MAY 21ST-22ND, 2022

REGISTRATION 7:30AM

SAT 8:00-5:30PM | SUN 8:00-12:15PM

Sheraton Indianapolis Hotel at Keystone Crossing
8787 Keystone Crossing
Indianapolis, IN 46240
Phone: (317) 846-2700

Social Distancing in the Meeting Room
*Hotel subject to change due to COVID-19

12 CEs Applied for:
IN, IL, KY, OH, MI

SEMINAR COST \$185* | CEs COST: \$65

REGISTER NOW



**For seminar registration, call (888) 242-0571 Toll Free
or go online to www.erschonia.com/seminars.**



ABOUT JEROME RERUCHA, DC, BS, CSCS, CHPS



Jerome Rerucha D.C., B.S., C.S.C.S. C.H.P.S.® is a practicing clinician, owner of Performance Chiropractic & Wellness and Brain/Body FIT® Clinical Performance Center with his wife, Jennette. Dr. Jerome teaches integration of advanced examination and clinical treatment applications including Low-Level Laser Therapy, nutrition, adjusting and then entire Triad of Health. Prior to clinical practice he was a full-time strength coach, competed in powerlifting for 14 years and won a Lifetime Drug Free World Title and The Best Lifter Award in 1999. Having the personal competitive lifting experience, coaching numerous types of athletes, and elite strength athletes provide additional benefits when teaching his dynamic clinical applications for clinical practice.

For more information on Dr. Rerucha, please go to www.PerformancePractic.com and www.Erchonia.com/seminars.

*Northwestern Health Sciences University (NWHUSU) applies for CE Hours to the chiropractic state licensing boards in states surrounding the seminar location. If you need hours for other states, please contact NWHUSU before the seminar at 952-885-5446. Certain restrictions apply. *\$65 extra for CEs (if needed). Transcripts are sent out by email approximately 2 months after seminar completion. If you need a copy sooner, please contact NWHUSU directly at (952) 885-5446.

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SEMINAR TOPICS

Natural Health Care – the Opioid Epidemic

Back Pain – a Crisis in America: Statistics and Data

Review Proven Pain Laser Studies and FDA Market Clearances for Neck and Shoulder Pain, Heel Pain, Low Back Pain, Post-Operative Pain & Nociceptive Musculoskeletal Pain

- ✦ Low Level Laser Therapy PubMed Pain Review and current FDA Clearance Overview
- ✦ Anatomy of Specific Diagnosis
- ✦ Soft Tissue/Structure/Neurology
- ✦ Myotome Review
- ✦ Standard Ortho/Neuro Evaluation
- ✦ Attended & Unattended Laser Applications
- ✦ Pain Treatment Laser Demonstration

The Violet Laser – An Innovative Tool for Treatment Versatility

- ✦ Laser Introduction
- ✦ Published Research
- ✦ Workshop

Chiropractic Innate/Humoral Immunology Application: Gut/Brain

The Safety Pin Cycle - Low Level Laser Therapy and the Brain

Introduction to using the Fitness Integration Technique (F.I.T.)® Body Map™ System.

Fitness Integration Technique (F.I.T) ® Simple 6 Examination Stations Workshop Soft tissue

Active Examination & Workshop Program findings applied to a 3D Body Map™ priority correction.

- ✦ Neck and Shoulder
- ✦ Feet and Knees

Office Protocols – Staff & Patient Communication

The Hands-on Protocol Workshops using a Combination of Adjustment, Laser & Neurology:

- ✦ Neck & Shoulder
- ✦ Lumbar Spine
- ✦ Cervical Spine
- ✦ Extremities & Heel
- ✦ Peripheral Nerve Entrapments
- ✦ Soft Tissue Injuries
- ✦ Posture Analysis